

Pycnogenol® for cognitive function in healthy professionals

- ✓ Increases attention, planning abilities
mental performance, cognitive
function
- ✓ Improves daily tasks
- ✓ Positively influences mood
- ✓ Dramatically reduces the oxidative
stress

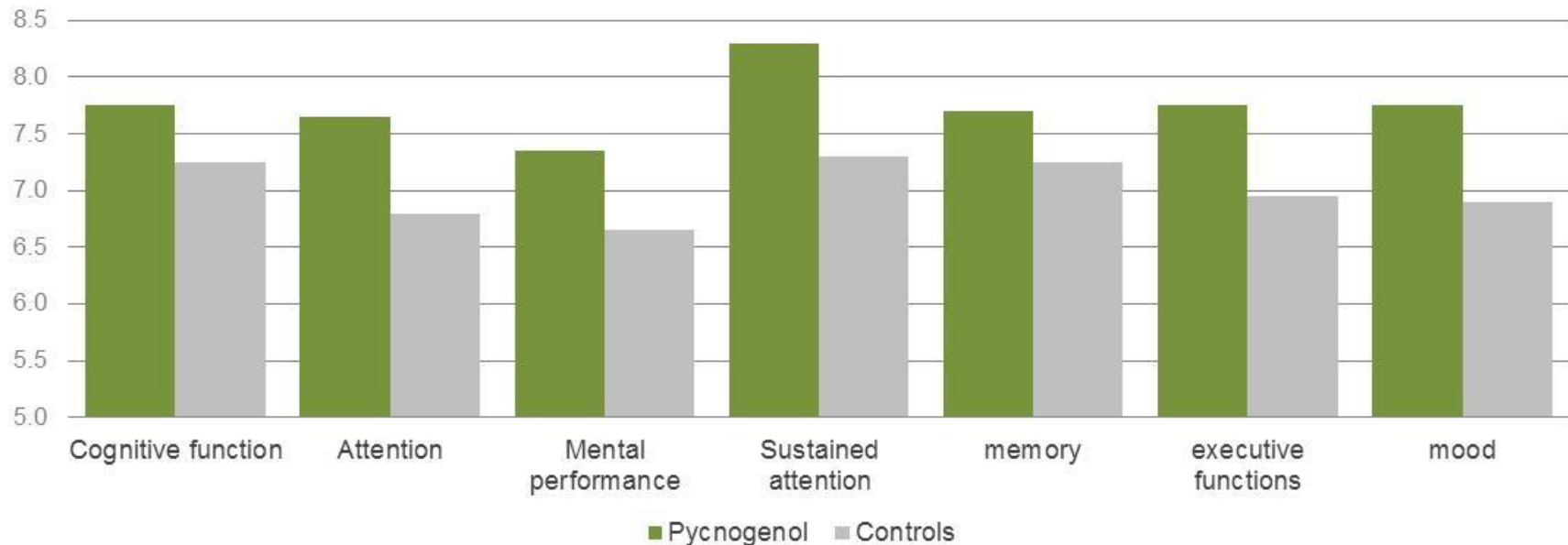


- **Pycnogenol® 150 mg/day for 12 weeks**
- **35-55 years of age**
- **30 subjects took Pycnogenol®**
- **29 controls**



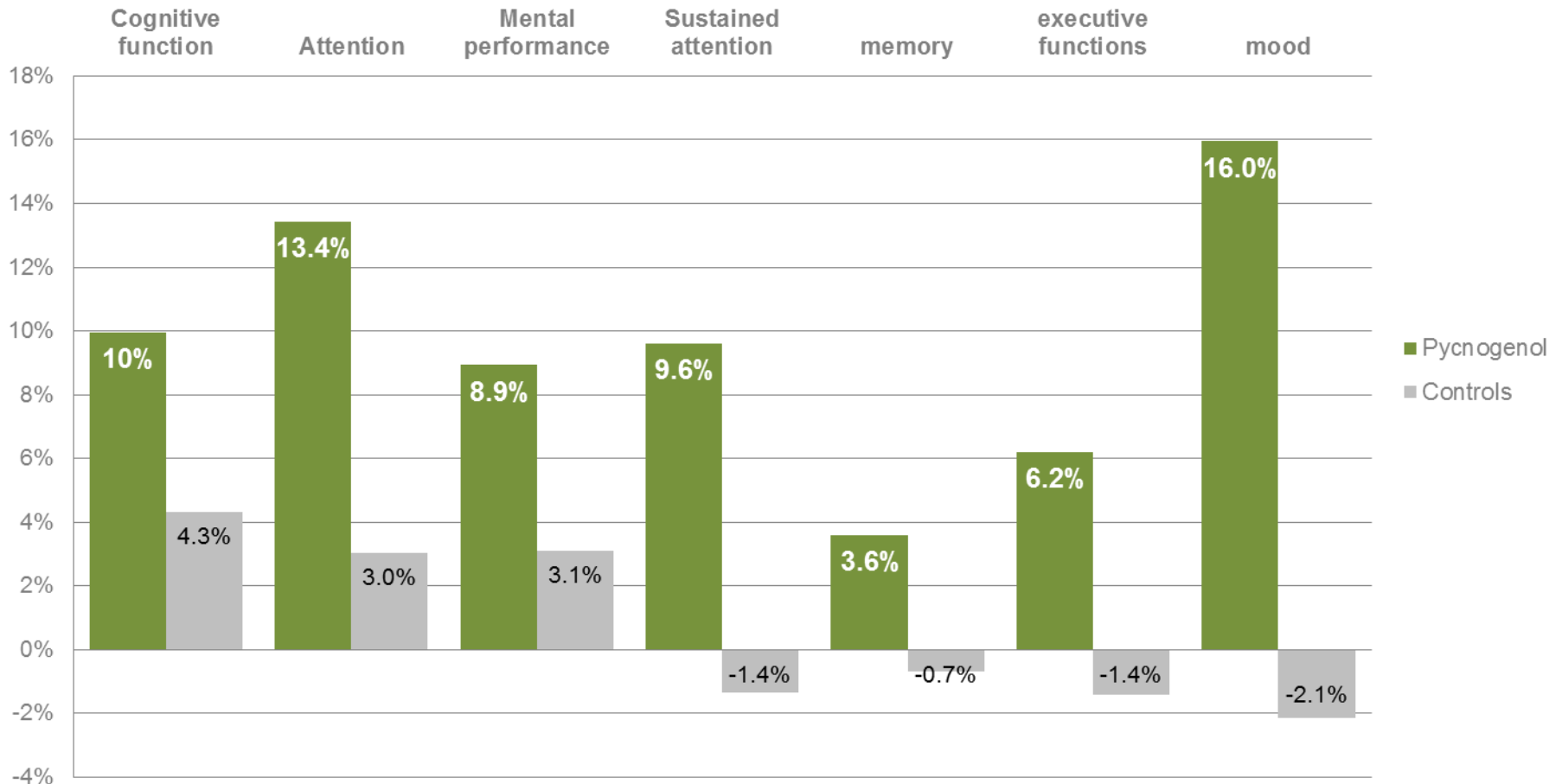
Pycnogenol® improves cognitive functions

Cognitive functions (VASL) after 12 weeks



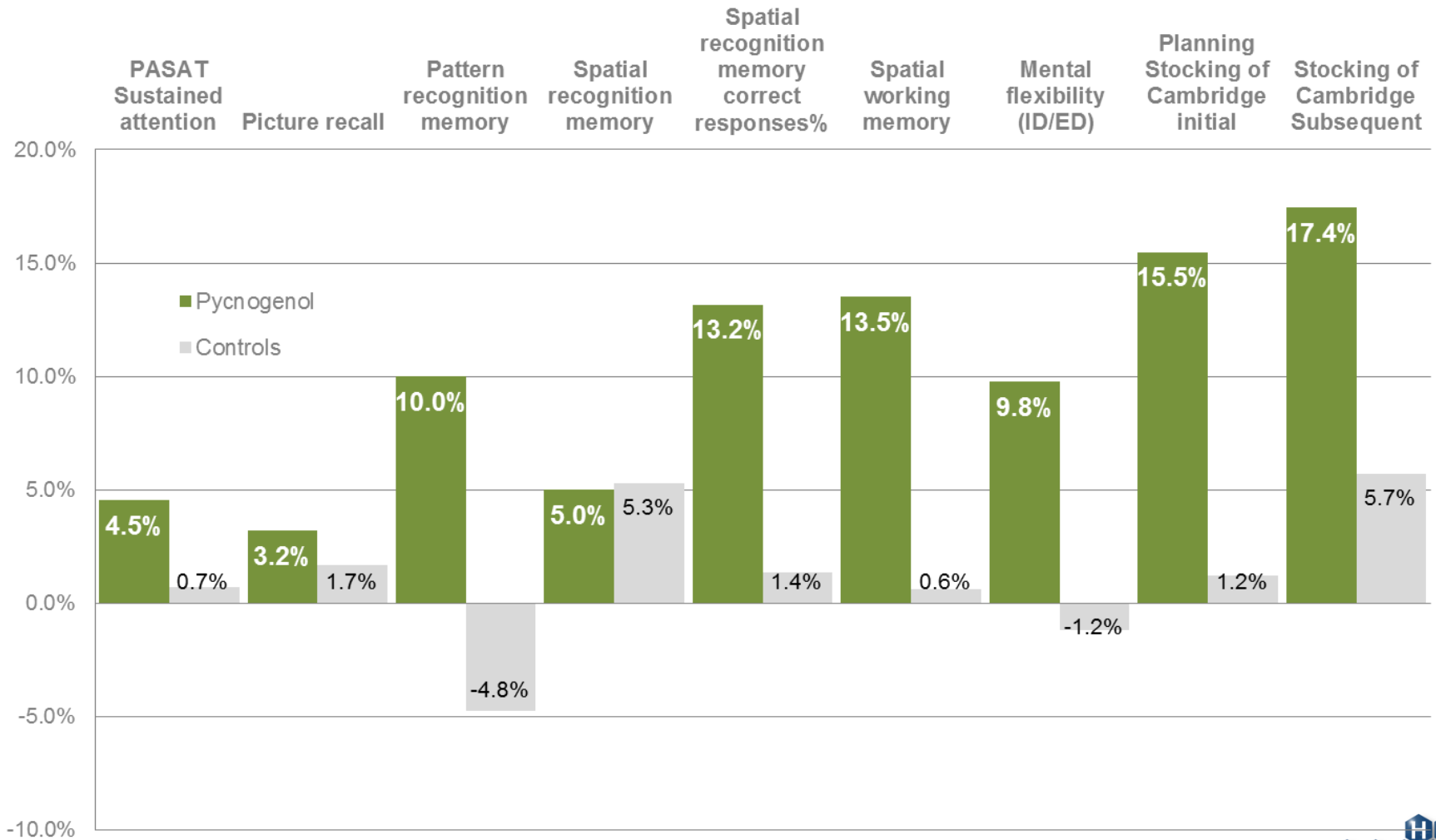
Pycnogenol® improves cognitive functions

% improvement of cognitive functions (VASL) after 12 weeks



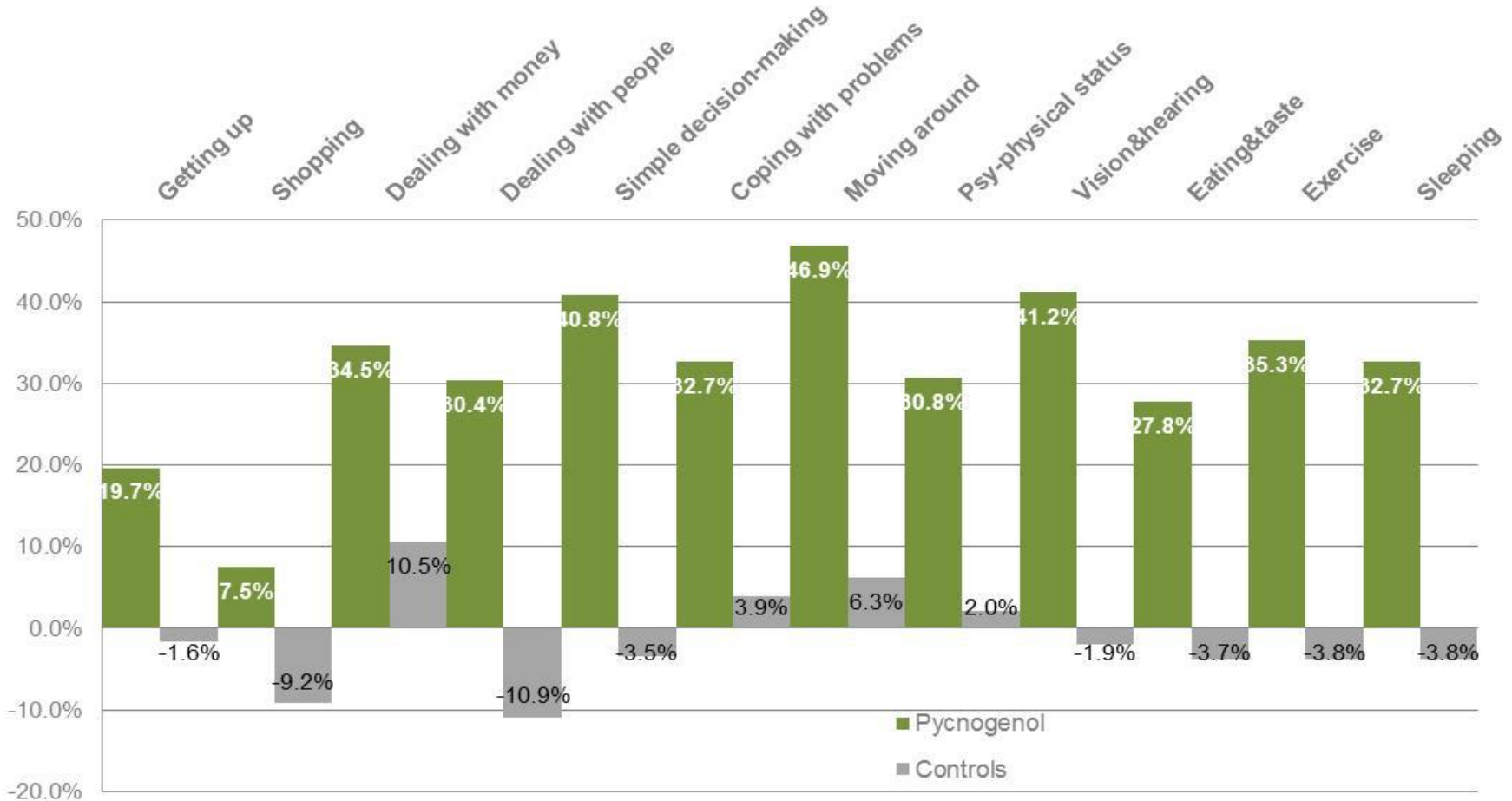
Pycnogenol® improves cognitive functions

% improvement of cognitive battery tests after 12 weeks



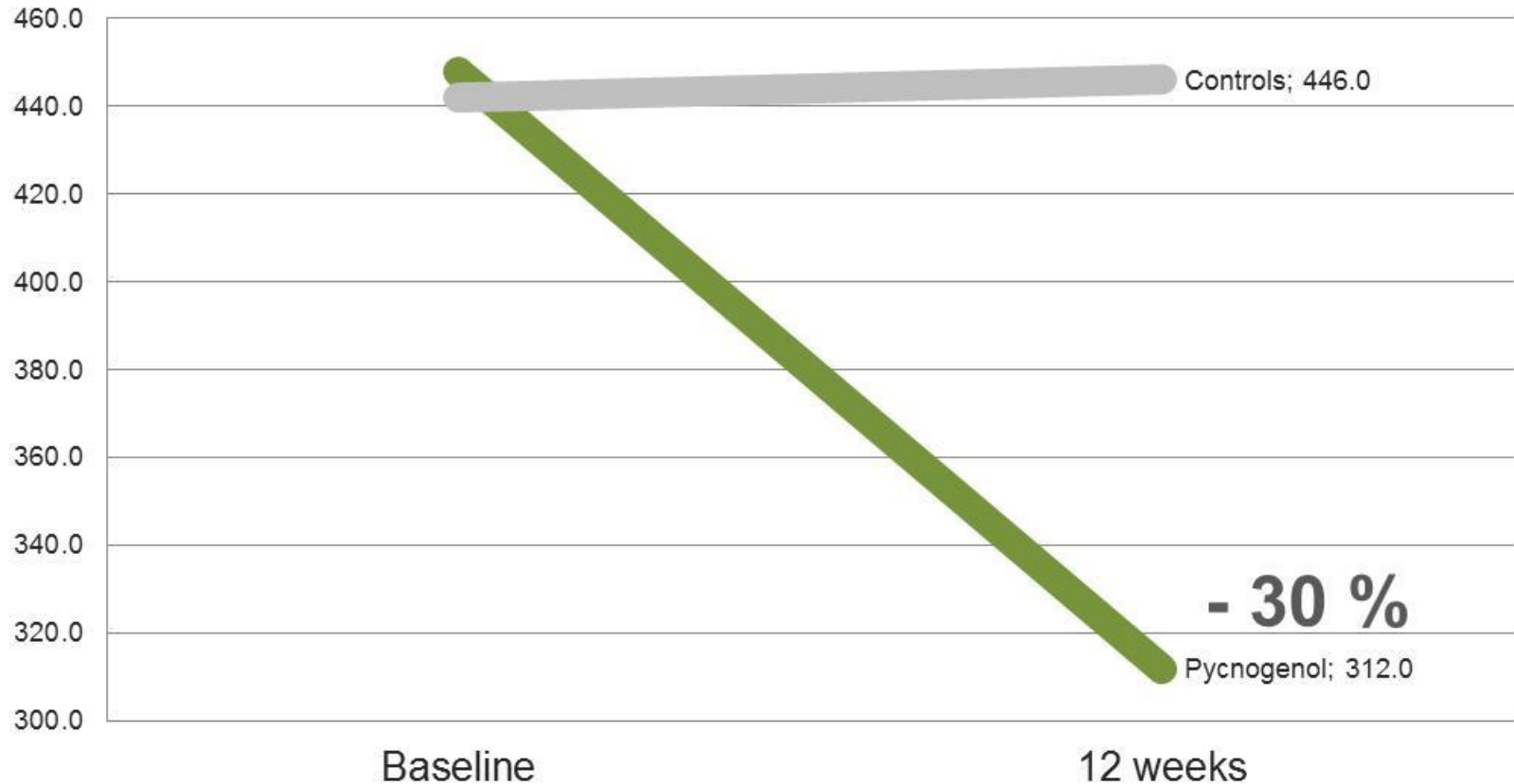
Pycnogenol® improves cognitive functions

% improvement of daily tasks after 12 weeks



Pycnogenol® decreases oxidative stress

Oxidative stress [Carr Units]



Pycnogenol® improves mood

% improvement of mood parameters after 12 weeks

